# Interested in taking part in dementia research?

Whether dementia has personally affected you or a loved one, participating in medical research can help to create a future without dementia.

Many people want to fight back against dementia by taking part in research, but most don't know where to start.

The Alzheimer Society of Toronto and the Toronto Dementia Research Alliance (TDRA) are helping to break down the barriers to research by making it more accessible to everyone.

"I was a care provider for my mother, who succumbed to dementia recently. The lack of available treatment options and access to resources to make her more comfortable was disheartening. It's wonderful to see TDRA providing people with dementia and their family members easy access to connect with researchers, a great step forward in improving dementia care"

-Caregiver

#### AlzheimerSociety

The Alzheimer Society of Toronto offers support, information, programs and education to people living with dementia, their families and their caregivers.

"We are grateful to be able to forge meaningful partnerships like this one with the TDRA, so that we can remove the barriers to research that can be often difficult to navigate for care partners and persons living with dementia."

> -Scott Russell, CEO, Alzheimer Society of Toronto

To learn more about the Alzheimer Society of Toronto, visit:

www.alz.to



TDRA is a University of Toronto collaboration which aims to better understand, prevent and treat dementia.

"This will help to improve access for people living with dementia and their care partners as well as advance knowledge and discoveries towards new treatments"

-Tarek Rajji, Executive Director, TDRA

To learn more about TDRA, visit: www.tdra.utoronto.ca



# Fight back against dementia

Are you or your loved one affected by Alzheimer's or dementia?

Learn where you can find dementiarelated research studies to participate in across Toronto

https://tdn.alz.to/research-studies/



### How can I find dementia research studies in Toronto?

The Toronto Dementia Network (TDN) is a website that lists dementia-related programs and services across Toronto.

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The Alzheimer Society of Toronto and TDRA have created a new Research Studies section on the TDN website to help you find dementia-related studies to participate in.

You can browse for studies in plain language, or if you are not sure which study to sign up for, there is a questionnaire to help match you to a study!

To get started, visit the website: https://tdn.alz.to/research-studies/



Open your phone camera and scan this barcode!





### Why use Toronto Dementia Network (TDN)?

There are many reasons to use TDN to find a dementia-related research study!

- Reduce the time it takes to find a credible research study
- Free and easy to use
- Study summaries are written in easy-to-understand plain language
- All studies have all been vetted by the TDRA and are approved by a Research Ethics Board
- Any information you enter will be securely stored and protected
- Narrow or filter studies to suit your needs

#### Who are the studies for?

Anyone interested in participating in dementia-related studies can visit the TDN website and start browsing.

We have studies for:

- Individuals with Alzheimer's disease and other types of dementia
- Individuals with mild or questionable cognitive impairment
- Individuals at risk of developing dementia
- Healthy volunteers
- Caregivers

Researchers need volunteers like you so together we can better understand, prevent and treat dementia.

