



Join Us!

## EMPOWERING OLDER ADULTS: MODIFIABLE RISK FACTORS FOR DEMENTIA

Learn about lifestyle and health factors that may reduce the risk of dementia. Connect with valuable local resources and services that support healthy aging and cognitive wellness

Thursday June 18<sup>th</sup> , 11am-2pm

Centre for Addiction and Mental Health (CAMH)  
2<sup>nd</sup> Floor Auditorium, 1025 Queen Street West  
Toronto, ON M6J 1H1

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