



# You are invited! Brain Health & Dementia

Thursday May 2, 2024  
10 AM - 2 PM

CAMH, 1025 Queen St. West  
2nd floor Auditorium

An educational and networking event for people living with or at risk of developing dementia, caregivers/care partners, and all people interested in brain health.



## LEARN

- ✓ What causes dementia and what can I do about it?
- ✓ Brain training for aging adults
- ✓ Lifestyle changes to reduce your dementia risk



## CONNECT

- ✓ Hear from people living with dementia and be part of the discussion
- ✓ Interact with representatives from TDRA hospitals & Alzheimer Society Toronto

## HEAR FROM

Dr. Mary Chiu | Dr. Corinne Fischer | Dr. Andrew Lim | Dr. Yona Lunsky  
Dr. Tarek Rajji | Dr. Allison Sekuler | Dr. David Tang-Wai

**Lunch will be provided & FREE to attend!!**

Register now at: <https://TDRA-Brain-Health-And-Dementia-Event.eventbrite.ca>

\*\*\* Space is limited. MUST register to attend. \*\*\*

Questions? Email: [tdra@utoronto.ca](mailto:tdra@utoronto.ca)

